



## **BRIGHTEN GROUP TOPS FOR TOTS PROGRAM**

### **FOCUS:**

The Brighten Group provides all new babies born at the Saint John Regional Hospital with a hand knitted baby cap. Research has proven that new-borns do not drop their birth weight if they wear a cap.

### **YARN AND NEEDLES:**

All yarn used should be soft (appropriate for a baby), machine washable and dryable.

No buttons, pom poms, strings, flowers or other attachments as they may be a choking hazard.

Yarn should be fingering weight to DK weight.

Use double pointed needles 3.25mm to 4mm

### **INSTRUCTIONS:**

FOR FINE WEIGHT BABY YARN (fingering weight), Cast on 84 stitches

\*\* Knit 2, Purl 2 for 7 inches

Decrease for crown:

\*K2,P2,K2,P2tog all around

\*K2,P2,K2,P1 all around

\*K2,P2tog,K2,P1 all around

\*K2,P1,K2,P1 all around

\*K2,P1,K2tog,P1 all around

\*K2,P1,K1,P1 all around

\*K2tog,P1,K1,P1 all around

\*K1,P1,K1,P1 all around

\*SSK( slip 2 stitches, one at a time, to right hand needle as if to knit. Insert left hand needle from left to right into fronts of 2 stitches just slipped, and knit together.), P2tog all around

\*K2tog all around

\*Draw yarn through 6 remains stitches

FOR DK WEIGHT YARN (double knitting weight), Cast on 68 stitches and follow instructions below \*\*

Please include your name and contact information so we can ensure we thank you for assisting us with this program.

Thank you!